

Matthew A. Jarrett

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EDUCATION

Virginia Polytechnic Institute and State University, Blacksburg, VA

Ph.D. in Psychology, May 2010

Dissertation Title: The Treatment of Comorbid Attention-Deficit/Hyperactivity Disorder (ADHD) and Anxiety in Children

Preliminary Exam Title: A Conceptual Review of the Comorbidity of Attention-Deficit/Hyperactivity Disorder (ADHD) and Anxiety: Implications for Future Research and Practice

Children's National Medical Center, Washington, DC

Predoctoral Internship, 2009-2010

Virginia Polytechnic Institute and State University, Blacksburg, VA

M.S. in Psychology, May 2006

Thesis Title: The Role of Executive and Motivational Laboratory Tasks in the Assessment of Externalizing and Internalizing Problems in ADHD-C and Non-ADHD-C Youth

Cornell University, Ithaca, NY

B.A. in Psychology, May 2002

PROFESSIONAL EXPERIENCE

2017-Present Director of Clinical Training, Department of Psychology, University of Alabama
2016-Present Associate Professor, Department of Psychology, University of Alabama
2016-2017 Associate Director of Clinical Training, Department of Psychology, University of Alabama
2010-2016 Assistant Professor, Department of Psychology, University of Alabama
2009-2010 Predoctoral Intern, Department of Psychiatry and Behavioral Sciences, Children's National Medical Center
2004-2009 Graduate Research Assistant, Child Study Center, Department of Psychology, Virginia Polytechnic Institute and State University
2002-2004 Research Assistant, Duke Attention-Deficit/Hyperactivity Disorder (ADHD) Research Program, Department of Child and Adolescent Psychiatry, Duke University Medical Center

CLINICAL EXPERIENCE

2011-Present Licensed Psychologist, State of Alabama, #1677
2009-2010 Predoctoral Intern, Children's National Medical Center, Washington, DC

2006 Extern, John Umstead State Hospital, Butner, NC
2004-2009 Graduate Clinician, Child Study Center, Blacksburg, VA
2004-2009 Graduate Clinician, Psychological Services Center, Blacksburg, VA
2002-2003 Counselor, ADHD Summer Treatment Program, Durham, NC

AWARDS AND HONORS

Exceptional Reviewer, *Journal of Abnormal Child Psychology*, 2017
Certificate of Reviewing Excellence, *Journal of Anxiety Disorders*, 2014
Career Development Award, Anxiety Disorders Association of America, 2011
Child Intervention, Prevention, and Services Fellowship (CHIPS), National Institute of Mental Health, 2011
National Institutes of Health Early Career Reviewer Program Nomination, University of Alabama, 2011
Roundtable Scholarship, Virginia Tech, 2008-2009
Sigma Xi Master's Thesis Award, Virginia Tech, 2007
Cunningham Doctoral Fellowship, Virginia Tech, 2004-2008

GRANTS FUNDED

Natural Disaster Effects on Aggressive Children and Their Caretakers: Outcomes Across Time
Principal Investigators: John E. Lochman, Ph.D., & Eric M. Vernberg, Ph.D.
Agencies: National Institute of Child Health and Human Development, National Institute on Drug Abuse, National Institutes of Health Office of Behavioral and Social Science Research, and National Institutes of Health Office of Disease Prevention
Mechanism: R01
Role on Project: Co-Investigator
Period: 9/20/13-6/30/18
Direct Costs: \$1,425,000

Working Memory Training for Children with Attention-Deficit/Hyperactivity Disorder (ADHD) and Anxiety: Investigating Clinical, Neuropsychological, and Neurophysiological Changes
Principal Investigators: Matthew A. Jarrett, Ph.D., & Philip P. Gable, Ph.D.
Agency: College Academy for Research, Scholarship, and Creative Activity (CARSCA), College of Arts and Sciences, University of Alabama
Period: 3/3/11-5/15/12
Direct Costs: \$9,667

Working Memory Training for Children with Attention-Deficit/Hyperactivity Disorder (ADHD) and Anxiety: Investigating Clinical, Neuropsychological, and Neurophysiological Changes
Principal Investigator: Matthew A. Jarrett, Ph.D.
Agency: Research Grants Committee, Office of Research, University of Alabama
Period: 5/15/11-5/15/13
Direct Costs: \$5,000

GRANTS UNDER REVIEW

Friendship Interactions of Youth with ADHD
Principal Investigators: Matthew A. Jarrett, Ph.D., & Kristina L. McDonald, Ph.D.
Agency: Research Grants Committee, Office of Research, University of Alabama
Period: 1/1/18-1/1/20
Direct Costs: \$6,000

PEER-REVIEWED JOURNAL ARTICLES

- Dvorsky, M. R., Kofler, M. J., Burns, G. L., Luebbe, A. M., Garner, A. A., **Jarrett, M. A.**, Soto, E. F., & Becker, S. P. (in press). Factor structure and criterion validity of the five Cs model of positive youth development in a multi-university sample of college students. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-018-0938-y
- Fredrick, J. W., Luebbe, A. M., Mancini, K. J., Burns, G. L., Epstein, J. N., Garner, A. A., **Jarrett, M. A.**, Becker, S. P. (in press). Family environment moderates the relation of sluggish cognitive tempo to ADHD inattention and depression. *Journal of Clinical Psychology*.
- Becker, S. P., Burns, G. L., Garner, A. A., **Jarrett, M. A.**, Luebbe, A. M., Epstein, J. N., & Willcutt, E. G. (2018). Sluggish cognitive tempo in adults: Psychometric validation of the Adult Concentration Inventory. *Psychological Assessment, 30*, 296-310. doi: 10.1037/pas0000476
- Becker, S. P., **Jarrett, M. A.**, Luebbe, A. M., Garner, A. A., Burns, G. L., & Kofler, M. J. (2018). Sleep in a large, multi-university sample of college students: Sleep problem prevalence, sex differences, and mental health correlates. *Sleep Health, 4*, 174-181. doi: 10.1016/j.sleh.2018.01.001
- Becker, S. P., Schmitt, A. P., **Jarrett, M. A.**, Luebbe, A. M., Garner, A. A., & Epstein, J. N., & Burns, G. L. (2018). Sluggish cognitive tempo and personality: Links to BIS/BAS sensitivity and the five factor model. *Journal of Research in Personality, 75*, 103-112.
- Jarrett, M. A.**, Van Meter, A., Youngstrom, E. A., Hilton, D. C., & Ollendick, T. H. (2018). Evidence-based assessment of ADHD in youth using a receiver operating characteristic (ROC) approach. *Journal of Clinical Child and Adolescent Psychology, 47*, 808-820.
- Rondon, A. T., Hilton, D. C., **Jarrett, M. A.**, & Ollendick, T. H. (2018). Sleep, internalizing problems, and social withdrawal: Unique associations in clinic-referred youth with elevated sluggish cognitive tempo (SCT) symptoms. *Journal of Attention Disorders*. doi: 10.1177/1087054718756197
- Hilton, D. C., **Jarrett, M. A.**, McDonald, K. L., & Ollendick, T. H. (2017). Attention problems as a mediator of the relation between executive function and social problems in a child and adolescent outpatient sample. *Journal of Abnormal Child Psychology, 45*, 777-788. doi: 10.1007/s10802-016-0200-6
- Jarrett, M. A.**, Gable, P. A., Rondon, A. T., Neal, L. B., Price, H. F., & Hilton, D. C. (2017). An EEG study of children with and without attention-deficit/hyperactivity disorder: Between group differences and associations with sluggish cognitive tempo symptoms. *Journal of Attention Disorders*. Advance online publication. doi: 10.1177/1087054717723986
- Jarrett, M. A.**, Rapport, H. F., Rondon, A. T., & Becker, S. P. (2017). ADHD dimensions and sluggish cognitive tempo symptoms in relation to self-report and laboratory measures of neuropsychological functioning in college students. *Journal of Attention Disorders, 21*, 673-683. doi: 10.1177/1087054714560821

- Lochman, J. E., Vernberg, E., Powell, N. P., Boxmeyer, C. L., **Jarrett, M.**, McDonald, K., Qu, L., Hendrickson, M., & Kassing, F. (2017). Pre-post tornado effects on aggressive children's psychological and behavioral adjustment through one-year post disaster. *Journal of Clinical Child and Adolescent Psychology, 46*, 136-149. doi: 10.1080/15374416.2016.1228460
- Becker, S. P., Leopold, D. R., Burns, G. L., **Jarrett, M. A.**, Langberg, J. M., Marshall, S. A., McBurnett, K., Waschbusch, D. A., & Willcutt, E. G. (2016). The internal, external, and diagnostic validity of sluggish cognitive tempo: A meta-analysis and critical review. *Journal of the American Academy of Child and Adolescent Psychiatry, 55*, 163-178. doi: 10.1016/j.jaac.2015.12.006
- Jarrett, M. A.** (2016). Attention-deficit/hyperactivity disorder (ADHD) symptoms, anxiety symptoms, and executive functioning in emerging adults. *Psychological Assessment, 28*, 245-250. doi: 10.1037/pas0000190
- Jarrett, M. A.**, Gilpin, A. T., Pierucci, J. D., & Rondon, A. T. (2016). Cognitive and reactive control processes: Associations with ADHD symptoms in preschoolers. *International Journal of Behavioral Development, 40*, 53-57. doi: 10.1177/0165025415575625
- Jarrett, M. A.**, Wolff, J. C., Davis, T. E., Cowart, M. J., & Ollendick, T. H. (2016). Characteristics of children with ADHD and comorbid anxiety. *Journal of Attention Disorders, 20*, 636-644. doi: 10.1177/1087054712452914
- Ollendick, T. H., Greene, R. W., Austin, K. E., Fraire, M. G., Halldorsdottir, T., Allen, K. B., **Jarrett, M. A.**, Lewis, K. M., Smith, M. W., Cunningham, N. R., Noguchi, R. J., Canavera, K., & Wolff, J. C. (2016). Parent management training and collaborative and proactive solutions: A randomized control trial for oppositional youth. *Journal of Clinical Child and Adolescent Psychology, 45*, 591-604. doi: 10.1080/15374416.2015.1004681
- Ollendick, T. H., **Jarrett, M. A.**, White, B. A., White, S. W., & Grills, A. E. (2016). Primary vs. secondary diagnosis of generalized anxiety disorder in youth: Is the distinction an important one? *Child Psychiatry & Human Development, 47*, 548-553. doi: 10.1007/s10578-015-0588-1
- Jarrett, M. A.**, Black, A. K., Rapport, H. F., Grills-Taquechel, A. E., & Ollendick, T. H. (2015). Generalized anxiety disorder in younger and older children: Implications for learning and school functioning. *Journal of Child and Family Studies, 24*, 992-1003. doi: 10.1007/s10826-014-9910-y
- Ollendick, T. H., Halldorsdottir, T., Fraire, M. G., Austin, K. E., Noguchi, R. J., Lewis, K. M., **Jarrett, M. A.**, Cunningham, N. R., Canavera, K., Benoit Allen, K. B., & Whitmore, M. J. (2015). Specific phobias in youth: A randomized controlled trial comparing one-session treatment to a parent-augmented one-session treatment. *Behavior Therapy, 46*, 141-155. doi: 10.1016/j.beth.2014.09.004
- Chacko, A., Kofler, M. J., & **Jarrett, M. A.** (2014). Improving outcomes for youth with ADHD: Conceptual framework for combined neurocognitive and skill-based treatment approaches. *Clinical Child and Family Psychology Review, 17*, 368-384. doi: 10.1007/s10567-014-0171-5
- Jarrett, M. A.**, Siddiqui, S., Lochman, J. E., & Qu, L. (2014). Internalizing problems as a predictor of change in externalizing problems in at-risk youth. *Journal of Clinical Child and Adolescent Psychology, 43*, 27-35. doi: 10.1080/15374416.2013.764823

- Jarrett, M. A.** (2013). Treatment of comorbid attention-deficit/hyperactivity disorder and anxiety in children: Processes of change. *Psychological Assessment, 25*, 545-555. doi: 10.1037/a0031749
- White, B. A., **Jarrett, M. A.**, & Ollendick, T. H. (2013). Self-regulation deficits explain the link between reactive aggression and internalizing and externalizing behavior problems in children. *Journal of Psychopathology and Behavioral Assessment, 35*, 1-9. doi: 10.1007/s10862-012-9310-9
- Jarrett, M. A.**, & Ollendick, T. H. (2012). Treatment of comorbid attention-deficit/hyperactivity disorder and anxiety in children: A multiple baseline design analysis. *Journal of Consulting and Clinical Psychology, 80*, 239-244. doi: 10.1037/a0027123
- Ollendick, T. H., **Jarrett, M. A.**, Wolff, J. C., & Scarpa, A. (2009). Reactive and proactive aggression: Cross-informant agreement and the clinical utility of different informants. *Journal of Psychopathology and Behavioral Assessment, 31*, 51-59. doi: 10.1007/s10862-008-9087-z
- Ollendick, T. H., Öst, L. G., Reuterskiöld, L., Costa, N., Cederlund, R., Sirbu, C., Davis, T. E., & **Jarrett, M. A.** (2009). One-session treatment of specific phobias in youth: A randomized clinical trial in the United States and Sweden. *Journal of Consulting and Clinical Psychology, 77*, 504-516. doi: 10.1037/a0015158
- Jarrett, M. A.**, & Ollendick, T. H. (2008). A conceptual review of the comorbidity of attention-deficit/hyperactivity disorder and anxiety: Implications for future research and practice. *Clinical Psychology Review, 28*, 1266-1280. doi: 10.1016/j.cpr.2008.05.004
- Ollendick, T. H., **Jarrett, M. A.**, Grills-Taquechel, A. E., Seligman, L. D., & Wolff, J. C. (2008). Comorbidity as a predictor and moderator of treatment outcome in youth with anxiety, affective, attention-deficit/hyperactivity disorder and oppositional/conduct disorders. *Clinical Psychology Review, 28*, 1447-1471. doi: 10.1016/j.cpr.2008.09.003
- Casey, B. J., Epstein, J. N., Buhle, J., Liston, C., Davidson, M. C., Tonev, S. T., Spicer, J., Niogi, S., Millner, A. J., Reiss, A., Garrett, A., Hinshaw, S. P., Greenhill, L. L., Shafritz, K. M., Vitolo, A., Kotler, L. A., **Jarrett, M. A.**, & Glover, G. (2007). Frontostriatal activity and its role in cognitive control in parent-child dyads with ADHD. *American Journal of Psychiatry, 164*, 1729-1736. doi: 10.1176/appi.ajp.2007.06101754
- Epstein, J. N., Casey, B. J., Tonev, S. T., Davidson, M. C., Reiss, A. L., Garrett, A., Hinshaw, S. P., Greenhill, L. L., Glover, G., Shafritz, K. M., Vitolo, A., Kotler, L. A., **Jarrett, M. A.**, & Spicer, J. (2007). ADHD- and medication-related brain activation effects in concordantly affected parent-child dyads with ADHD. *Journal of Child Psychology and Psychiatry, 48*, 899-913. doi: 10.1111/j.1469-7610.2007.01761.x
- Epstein, J. N., Casey, B. J., Tonev, S. T., Davidson, M., Reiss, A., Garrett, A. L., Hinshaw, S. P., Greenhill, L. L., Vitolo, A., Kotler, L. A., **Jarrett, M. A.**, & Spicer, J. (2007). Assessment and prevention of head motion during imaging of patients with attention deficit hyperactivity disorder. *Psychiatry Research: Neuroimaging, 155*, 75-82. doi: 10.1016/j.psychresns.2006.12.009
- Jarrett, M. A.**, Wolff, J. C., & Ollendick, T. H. (2007). Concurrent validity and informant agreement of the ADHD module of the Anxiety Disorders Interview Schedule for DSM-IV. *Journal of Psychopathology and Behavioral Assessment, 29*, 159-168. doi: 10.1007/s10862-006-9041-x

MANUSCRIPTS UNDER REVIEW

- Jarrett, M. A.,** Hilton, D. C., Rondon, A. T., Becker, S. P., King, S. L., & Ferretti, N. M. Mindfulness intervention for college students with ADHD: Unique effect on sluggish cognitive tempo.
- Frederick, J., Luebbe, A. M., Mancini, K., Burns, G. L., Epstein, J. N., Garner, A. A., **Jarrett, M. A.,** & Becker, S. P. Family environment moderates the relation of sluggish cognitive tempo to ADHD inattention and depression.
- Kamradt, J. M., Nikolas, M. A., Burns, G. L., Garner, A. A., **Jarrett, M. A.,** Luebbe, A. M., & Becker, S. P. Barkley Deficits in Executive Functioning Scale: Validation in a large multi-site college sample.
- McDonald, K. L., Vernberg, E. M., Lochman, J. E., Abel, M. R., **Jarrett, M. A.,** Kassing, F., Powell, N., & Qu, L. Trajectories of tornado-related post-traumatic stress symptoms and pre-exposure predictors in a sample of at-risk youth.

MANUSCRIPTS IN REVISION

- Garner, A., Stachniak, C., Marmouget, A. N., Luebbe, A. M., Burns, L. G., **Jarrett, M. A.,** & Becker, S. P. Attention-deficit/hyperactivity disorder moderates the impact of helicopter parenting on college student functioning.
- Hilton, D. C., **Jarrett, M. A.,** Rondon, A. T., Tutek, J., & Mulla, M. Increased working memory load in a dual-task design impairs nonverbal social encoding in children with and without ADHD.

BOOK CHAPTERS AND NEWSLETTER CONTRIBUTIONS

- Jarrett, M. A.,** & Hilton, D. C. (2017). Cognitive functions. In J. E. Lochman, & W. Matthys (Eds.), *The Wiley Handbook of Disruptive and Impulse-Control Disorders*.
- Canu, W., Knouse, L., **Jarrett, M.,** & Wymbs, B. (2016). Attention-deficit/hyperactivity disorder special interest group: A glimpse at 50. *The Behavior Therapist, 39*, 276-278.
- Jarrett, M. A.,** & Hilton, D. C. (2016). Attention-deficit/hyperactivity disorder (ADHD) and anxiety comorbidity: Implications for clinical practice. *National Academy of Neuropsychology Bulletin, Spring 2016*.
- Sellbom, M., & **Jarrett, M. A.** (2014). Conceptualizing youth borderline personality disorder within a MMPI framework. In C. Sharp & J. L. Tackett (Eds.), *Handbook of Borderline Personality Disorder in Children and Adolescents*. New York: Springer Press. doi: 10.1007/978-1-4939-0591-1_6
- Jarrett, M. A.** (2013). Comorbidity of ADHD and anxiety: From basic to applied research. *The ADHD Report, 21*, 1-6. doi: 10.1521/adhd.2013.21.5.1
- Raishevich, N., Wolff, J. C., & **Jarrett, M. A.** (2013). Assessment of disruptive behavior disorders in anxiety. In D. McKay, & E. A. Storch (Eds.), *Handbook of Assessing Variants and Complications in Anxiety Disorders*. New York: Springer Press. doi: 10.1007/978-1-4614-6452-5_15

Salekin, R. T., **Jarrett**, M. A., & Adams, E. (2013). Assessment and measurement of change considerations in psychotherapy research. In J. S. Comer, & P. K. Kendall (Eds.), *The Oxford Handbook of Research Strategies for Clinical Psychology*. New York: Oxford University Press. doi: 10.1093/oxfordhb/9780199793549.013.0007

Ollendick, T. H., & **Jarrett**, M. A. (2009). Empirically supported treatments for adolescent depression. In C. A. Essau (Ed.), *Treatments for Adolescent Depression: Theory and Practice*. Oxford, England: Oxford University Press.

BOOK AND VIDEO REVIEWS

Ollendick, T. H., & **Jarrett**, M. A. (2007, August 29). Evidence-based treatment: Where is the evidence? [Review of the video *Evidence-based treatment*, produced by the American Psychological Association, 2007]. *PsycCRITIQUES*, 52(35).

Ollendick, T. H., Horsch, L. M., **Jarrett**, M. A., Noguchi, R. J. P., & Wolff, J. C. (2006, October 25). Where to from here? [Review of books *The crisis in youth mental health: Critical issues and effective programs*]. *PsycCRITIQUES*, 51(43).

PROFESSIONAL PRESENTATIONS

Ferretti, N. M., King, S. L., **Jarrett**, M. A., Ollendick, T. H. (November, 2018). Attention problems as a mediator in the relation between executive function and social skills. Poster to be presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Hilton, D.C., **Jarrett**, M.A., Rondon, A.T., Tutek, J, & Mulla, M.M. (November, 2018). Increased working memory load in a dual-task design impairs nonverbal social encoding in children with and without attention-deficit/hyperactivity disorder. Poster to be presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Jarrett, M. A., Vernberg, E. M., Abel, M. R., Cho, B., Diaz, K., Kassing, F., & Lochman, J. E. (November, 2018). Parent-child agreement on tornado-related traumatic experiences: A novel methodological approach using geographical information systems. Paper to be presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

King, S. L., Ferretti, N. M., **Jarrett**, M. A., & Ollendick, T. H. (November, 2018). The role of inattention in the relationship between executive function and externalizing problems. Poster to be presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, D.C.

Jarrett, M. A., Gable, P. A., Rondon, A. T., Neal, L. B., Price, H. R., & Hilton, D. C. (July, 2018). An EEG study of children with and without ADHD symptoms: Between group differences and associations with sluggish cognitive tempo (SCT) symptoms. Poster presented at the 25th biennial meeting of the International Society for the Study of Behavioural Development. Gold Coast, Australia.

- Jarrett, M. A., Hilton, D. C., Rondon, A. T., Becker, S. P., King, S. L., & Ferretti, N. M.** (July, 2018). Mindfulness intervention for college students with ADHD: Unique effect on sluggish cognitive tempo (SCT) symptoms. Paper presented in symposium at the 25th biennial meeting of the International Society for the Study of Behavioural Development. Gold Coast, Australia.
- Fredrick, J., Luebbe, A. M., Burns, G. L., Garner, A. A., **Jarrett, M. A.**, Becker, S. P. (April, 2018). Family emotional climate differentially influences the co-occurrence of SCT with ADHD-inattention and depression. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Hilton, D. C., Kirk, A., Wefelmeyer, E. M., Arch, J., & **Jarrett, M. A.** (November, 2017). The effect of exposure to distressing and encouraging beliefs over time: A multilevel modeling analysis. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
- Rondon, A. T., Wefelmeyer, E. M., Michael, M., & **Jarrett, M. A.** (November, 2017). The role of emotion dysregulation in the relationship between ADHD and social functioning. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
- Wefelmeyer, E. M., & **Jarrett, M. A.** (November, 2017). Attention-deficit/hyperactivity disorder (ADHD) symptoms and the positive illusory bias: The moderating roles of positive parenting and cognitive functioning. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego, CA.
- Lochman, J. E., Glenn, A., Vernberg, E. M., Powell, N., Boxmeyer, C. L., **Jarrett, M. A.**, McDonald, K. M., & Qu, L. (August, 2017). Tornado effects on at-risk children's psychopathology: Role of psychophysiological functioning. Paper presented in symposium at the 125th annual meeting of the American Psychological Association, Washington, DC.
- Abel, M. R., Vernberg, E. M., Lochman, J. E., Powell, N., McDonald, K., & **Jarrett, M. A.** (May, 2017). Impact of a destructive tornado on parenting behaviors among at-risk children: A natural longitudinal experiment. Poster presented at the 29th annual meeting of the Association for Psychological Science, Boston, MA.
- Vernberg, E. M., McDonald, K., Lochman, J. E., **Jarrett, M. A.**, Powell, N., Diaz, K. I., & Kassing, F. (April, 2017). Inconsistent parenting moderates how tornado-related trauma predicts trajectories of PTSD symptoms across four years. Paper presented in symposium at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Chimiklis, A., Chacko, A., Dahl, V., Goss, K., Fogarty, K., Pulgarin, B., Rani, M., Lee, D., & **Jarrett, M. A.** (October, 2016). Examining the effects of a multicomponent neurocognitive intervention for school-age children with co-occurring ADHD and reading difficulties. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Garner, A. A., Hansen, A., Baxley, C., Burns, G. L., **Jarrett, M. A.**, Luebbe, A. M., Epstein, J. N., & Becker, S. P. (October, 2016). Influence of sluggish cognitive tempo and other psychopathology symptoms on driving problems: The role of executive functioning. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.

- Hilton, D. C., Canu, W. H., & **Jarrett**, M. A. (October, 2016). An analysis of executive functioning's contribution to social skill in emerging adulthood. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Hilton, D. C., Price, H. R., Rondon, A. T., Baraad, J., & **Jarrett**, M. A. (October, 2016). Mindfulness meditation for college students with ADHD: Effects on core ADHD symptomatology and sluggish cognitive tempo symptoms. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Kirk, A., Hilton, D., **Jarrett**, M. A., & Arch, J. (October, 2016). Naturalistic exposure to distressing self-statements versus encouraging self-statements: An ecological momentary assessment approach. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT).
- Price, H. R., Rondon, A. T., Hilton, D.C., & **Jarrett**, M. A. (October, 2016). Relationships among ADHD symptoms, sluggish cognitive tempo symptoms, and executive functioning: The moderating role of anxiety. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT).
- Rondon, A. T., Price, H. R., Hilton, D. C., & **Jarrett**, M. A. (October, 2016). Predicting impairment in college students from attention-deficit/hyperactivity disorder symptoms, anxiety symptoms, and sluggish cognitive tempo symptoms. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Rondon, A. T., Neal, L., Price, H. R., Hilton, D. C., & **Jarrett**, M. A., & Gable, P. (October, 2016). An EEG study of children with and without ADHD: Between group differences and associations with sluggish cognitive tempo (SCT) symptoms. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
- Marmouget, A. M., Stachniak, C. R., Garner, A. A., Luebbe, A. M., Burns, G. L., **Jarrett**, M. A., & Becker, S. P. (September, 2016). Examining ADHD as a moderator of the relation between helicopter parenting and college student adjustment. Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
- Cho, B. O., Vernberg, E. M., Lochman, J. E., Hendrickson, M., Diaz, K. I., **Jarrett**, M. A., & Kassing, F. (August, 2016). Self-reported tornado exposure and geographical information systems. Poster presented at the 124th annual meeting of the American Psychological Association (APA), Denver, CO.
- Jarrett**, M. A., Van Meter, A., Youngstrom, E. A., Hilton, D. C., & Ollendick, T. H. (August, 2016). Evidence-based assessment of ADHD in youth using a receiver operating characteristic (ROC) approach. Paper presented in symposium at the 124th annual meeting of the American Psychological Association, Denver, CO.
- Hilton, D. C., & **Jarrett**, M. A. (June, 2016). A pilot study of mindfulness mediation for college students with ADHD: Preliminary outcomes and lessons learned. Paper presented in symposium at the annual meeting of the Alabama Psychological Association, Orange Beach, AL.

- Hilton, D. C., **Jarrett**, M. A., & Ollendick, T. H. (November, 2015). A mediation analysis of executive function, attention problems, and social problems in a child and adolescent outpatient sample. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Rondon, A., T., Rapport, H. F., & **Jarrett**, M. A. (November, 2015). Sluggish cognitive tempo symptoms: Unique associations with functional impairment. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Becker, S. P., Leopold, D. R., Burns, G. L., Marshall, S. A., **Jarrett**, M. A., Waschbusch, D. A., Langberg, J. M., McBurnett, K., & Willcutt, E. G. (July, 2015). Internal and external validity of sluggish cognitive tempo: A meta-analysis. Paper presented in symposium at the 17th biennial meeting of the International Society for Research on Child and Adolescent Psychopathology (ISRCAP), Portland, OR.
- Hecht, L. K., Sauvigne, K., **Jarrett**, M. A., & Litzman, R. D. (June, 2015). Dimensions of psychopathic personality differentially and interactively predict specific ADHD symptom clusters. Poster presented at the 6th biennial meeting of the Society for the Scientific Study of Psychopathy, Chicago, IL.
- Chacko, A., & **Jarrett**, M. A. (November, 2014). Combined neurocognitive and reading intervention for children with ADHD and reading difficulties. Paper presented during the ADHD Special Interest Group Preconference at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Goubet, K. E., **Jarrett**, M. A., & Litzman, R. D. (November, 2014). Hot and cool executive functioning deficits: Associations with eating disorder symptomatology. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Rapport, H. F., & **Jarrett**, M. A. (November, 2014). Attentional biases in college-age adults with spider fears. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Rondon, A. T., & **Jarrett**, M. A. (November, 2014). Sluggish cognitive tempo symptoms: Unique associations with neuropsychological and academic functioning. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Jarrett**, M. A. (May, 2014). Treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children: Effects on sluggish cognitive tempo (SCT) symptoms. Paper presented in symposium at the 26th annual meeting of the Association for Psychological Science, San Francisco, CA.
- Jarrett**, M. A. (May, 2014). Treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children: Individual processes of change. Paper presented in symposium at the 26th annual meeting of the Association for Psychological Science, San Francisco, CA.
- Lochman, J. E., Vernberg, E. A., Powell, N., Boxmeyer, C., **Jarrett**, M. A., & McDonald, K. (May, 2014). Tornado effects on children's behavioral, emotional and psychophysiological functioning and parents' depression. Paper presented in symposium at the 26th annual meeting of the Association for Psychological Science, San Francisco, CA.

- Rondon, A., Rapport, H., **Jarrett**, M. A., & Ollendick, T. H. (May, 2014). Sluggish cognitive tempo and attention-deficit/hyperactivity disorder in youth. Poster presented at the 26th annual meeting of the Association for Psychological Science, San Francisco, CA.
- Chacko, A., **Jarrett**, M. A., & Kofler, M. J. (November, 2013). Improving outcomes for youth with ADHD: Conceptual framework for combined neurocognitive and skill-based treatment approaches. Paper presented during the ADHD Special Interest Group Preconference at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Halldorsdottir, T., **Jarrett**, M. A., & Ollendick, T. H. (November, 2013). ADHD and sluggish cognitive tempo symptoms as predictors of treatment response for specific phobias in youth. Paper presented in symposium at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jarrett**, M. A. (November, 2013). ADHD symptom domains and psychopathy traits: Executive functioning, substance use, driving citations, and impairment. Paper presented in symposium at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jarrett**, M. A., & Rapport, H. F. (November, 2013). ADHD symptoms, anxiety symptoms, and their interactive effects on functioning in a college-aged sample. Paper presented in symposium at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jarrett**, M. A., & Rapport, H. F. (November, 2013). Relationships between ADHD symptom domains and executive functioning: Unique associations with sluggish cognitive tempo. Paper presented in symposium at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Rapport, H. F., & **Jarrett**, M. A. (November, 2013). Relationships between ADHD symptom domains and executive functioning. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jarrett**, M. A., Wolff, J. C., Davis, T. E., Cowart, M. J., Ollendick, T. H., & Rapport, H. F. (January, 2013). Characteristics of children with ADHD and comorbid anxiety. Poster presented at the 5th annual University of Alabama ADHD Conference and Symposium, Tuscaloosa, AL.
- Rapport, H. F., & **Jarrett**, M. A. (January, 2013). Relationships among ADHD symptom domains and executive functioning deficits. Poster presented at the 5th annual University of Alabama ADHD Conference and Symposium, Tuscaloosa, AL.
- Black, A. K., & **Jarrett**, M. A. (November, 2012). Generalized anxiety disorder in younger and older children. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Jarrett**, M. A. (November, 2012). Discussant. Modifying current EBTs for phobic and anxiety disorders in youth with ADHD. Delivered at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Freeman, W., Atkins, M., Fabiano, G. A., **Jarrett**, M. A., & Safren, S. A. (November, 2011). Improving access to and the quality of treatment for ADHD. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Jarrett, M. A., & Ollendick, T. H.** (March, 2011). Non-pharmacological treatments for attention-deficit/hyperactivity disorder (ADHD) and anxiety in children. Paper presented in symposium (M. **Jarrett** chair) at the 31st annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.
- Jarrett, M. A., & Ollendick, T. H.** (March, 2011). Treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children. Poster presented at the 31st annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.
- Jarrett, M. A., & Ollendick, T. H.** (November, 2010). Treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Jarrett, M. A., & Ollendick, T. H.** (November, 2010). Treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children. Paper presented during the Child Anxiety Special Interest Group Preconference at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- White, B. A., **Jarrett, M. A., & Ollendick, T. H.** (June, 2010). Executive functions explain the link between reactive aggression and internalizing and externalizing symptoms in children. Poster presented at the 6th meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Parr, A., **Jarrett, M. A., Kim, K. L., Zakarin, E. B., & Alfano, C. A.** (March, 2010). A comparison of treatment completers and non-completers at a hospital-based childhood anxiety specialty clinic. Poster presented at the 30th annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.
- Jarrett, M. A., & Ollendick, T. H.** (November, 2009). The treatment of comorbid attention-deficit/hyperactivity disorder (ADHD) and anxiety in children. Paper presented in symposium (M. **Jarrett** & T. Ollendick co-chairs) at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Jarrett, M. A., Deater-Deckard, K., Mullineaux, P. Y., Petrill, S. A., & Thompson, L. A.** (April, 2009). The relationships among inattention, hyperactivity/impulsivity, and inhibitory control: A behavioral genetic analysis. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Noguchi, R. J. P., White, B. A., **Jarrett, M. A., & Ollendick, T. H.** (November, 2008). Mother and father parenting behaviors and emotion regulatory processes in a clinical sample of children. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Jarrett, M. A., Hooper, S. R., Ortega, A., Stevens, J. S., & Allsbrook, L.** (October, 2008). Neuropsychological functioning in an adolescent with postural orthostatic tachycardia syndrome (POTS). Poster presented at the 28th annual meeting of the National Academy of Neuropsychology, New York, NY.
- Jarrett, M. A., Costa, N., & Ollendick, T. H.** (March, 2008). The effect of treatment for specific phobia on attention-deficit/hyperactivity disorder (ADHD) symptomatology. Poster presented at the 28th annual meeting of the Anxiety Disorders Association of America, Savannah, GA.

- Jarrett, M. A., Noguchi, R. J. P., Raishevich, N., & Ollendick, T. H.** (November, 2007). Clinical characteristics of comorbid subtypes of ADHD. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Jarrett, M. A., Wolff, J. C., & Ollendick, T. H.** (November, 2007). Parent-child agreement on ADHD diagnosis: Effects of co-occurring internalizing symptomatology. Paper presented in symposium (M. **Jarrett** & T. Ollendick co-chairs) at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Noguchi, R. J. P., **Jarrett, M. A., Moore, R. M., Wolff, J. C., & Ollendick, T. H.** (November, 2007). Visual-motor coordination in children with ADHD and anxiety. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Raishevich, N., **Jarrett, M. A., & Ollendick, T. H.** (November, 2007). The relationships between phobia subtypes, physiological symptoms, and overall functioning in phobic youth. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Jarrett, M. A., & Ollendick, T. H.** (July, 2007). Clinical characteristics of comorbid subtypes of ADHD. Poster presented at the 5th World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain.
- Jarrett, M. A., Wolff, J. C., Sirbu, C., & Ollendick, T. H.** (November, 2006). The relationships among maternal depression, disruptive behavior stress, and parent-teacher agreement on externalizing problems in children. Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Sirbu, C., **Jarrett, M. A., & Ollendick, T. H.** (November, 2006). One-session treatment for spider phobia: Effects on implicit disgust associations and disgust sensitivity. Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Goring, J. C., **Jarrett, M. A., & Ollendick, T. H.** (November, 2005). The effects of comorbid anxiety on continuous performance test functioning. Poster presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Jarrett, M. A., Goring, J. C., & Ollendick, T. H.** (November, 2005). Parent-child agreement and the validity of the ADHD module of the ADIS. Poster presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Jarrett, M. A., Goring, J. C., & Ollendick, T. H.** (June, 2005). The clinical validity of executive and motivational laboratory tasks. Poster presented at the 12th biennial meeting of the International Society for Research on Child and Adolescent Psychopathology, New York, NY.
- Goring, J. C., Michaels, C. E., **Jarrett, M. A., & Ollendick, T. H.** (November, 2004). The mediating role of self-perceived social acceptance in preventing anxiety. Poster presented at the 11th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Goring, J. C., Raishevich, N., **Jarrett**, M. A., & Ollendick, T. H. (November, 2004). Longitudinal examination of potential moderators in the development of internalizing disorders. Poster presented at the 11th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Jarrett, M. A., & Lekies, K. (August, 2002). Parents apart: Evaluation of a divorce education program. Poster presented at the 18th biennial meeting of the International Society for the Study of Behavioral Development, Ottawa, Canada.

INVITED TALKS

Jarrett, M. A. (September, 2018). Attention-deficit/hyperactivity disorder and internalizing problems: New directions in etiology, assessment, and treatment. Distinguished Alumni Address, Virginia Tech, Department of Psychology, Blacksburg, VA.

Jarrett, M. A. (January, 2018). The facts: ADHD and sluggish cognitive tempo. Lecture given at the 10th annual meeting of the University of Alabama ADHD Conference & Symposium, Tuscaloosa, AL

Jarrett, M. A. (January, 2017). Behavioral parent training for ADHD: Tips from the trenches. Lecture given at the 9th annual meeting of the University of Alabama ADHD Conference & Symposium, Tuscaloosa, AL

Jarrett, M. A. (January, 2016). Executive and organizational skills interventions for youth with ADHD. Lecture given at the 8th annual meeting of the University of Alabama ADHD Conference & Symposium, Perdido Beach, AL.

Jarrett, M. A. (October, 2014). ADHD and anxiety comorbidity: From basic to applied research. Lecture given at the University of Louisville Psychology Colloquium Series, Louisville, KY.

Jarrett, M. A. (January, 2014). ADHD, anxiety, and executive functioning. Lecture given at the 6th annual meeting of the University of Alabama ADHD Conference & Symposium, Perdido Beach, AL.

Jarrett, M. A. (January, 2012). ADHD, anxiety, and depression. Lecture given at the 4th annual meeting of the University of Alabama ADHD Conference & Symposium, Tuscaloosa, AL.

Jarrett, M. A. (October, 2010). Comorbidity of ADHD and anxiety. Lecture given at the 2nd annual meeting of the University of Alabama ADHD Conference & Symposium, Tuscaloosa, AL.

TEACHING EXPERIENCE

University of Alabama:

PY 358 – Abnormal Psychology (Spring 2012, Spring 2013, Spring 2014)

PY 461 – Child Psychology (Spring 2011)

PY 491 – Developmental Psychopathology (Fall 2010, Spring 2011, Fall 2011, Fall 2012, Fall 2013, Fall 2014)

PY 612 – Advanced Child Assessment (Fall 2012, Fall 2014, Spring 2017)

PY 631 – Basic Practicum (Fall 2017, Summer 2018)

PY 639 – Advanced Child Practicum (Summer 2011-present)

PY 695 – Teaching of Psychology (Spring 2015, Fall 2015, Spring 2016, Fall 2016, Fall 2018)

Virginia Polytechnic Institute and State University:
PSYC 3034 – Psychological Disorders of Children (Spring 2008)

GRADUATE COMMITTEES

University of Alabama:

Thesis Committee (Chair): Ana Rondon (2014)
Thesis Committee (Chair): Hannah Rapport (2013-2014)
Thesis Committee: David Adams (2013-2014)
Thesis Committee: Casey Dillon (2012-2013)
Dissertation Committee (Chair): Dane Hilton (2016-2017)
Dissertation Committee (Chair): Hannah Rapport (2016-2017)
Dissertation Committee (Chair): Ana Rondon (2017)
Dissertation Committee: Sophia Eldred (2018)
Dissertation Committee: James Rankin (2018)
Dissertation Committee: Marissa Stanziani (2017)
Dissertation Committee: Josh Tutek (2017)
Dissertation Committee: Matt Hampton (2017-2018), Economics, Finance, and Legal Studies
Dissertation Committee: Andrew Tungate (2017-2018)
Dissertation Committee: Francesca Kassing (2016-2018)
Dissertation Committee: Lorien Baker (2016-2018)
Dissertation Committee: Jerome Lewis (2016-2017)
Dissertation Committee: Rachel Thibodeau (2016-2017)
Dissertation Committee: Allison Thomas (2014-2015)
Dissertation Committee: Xinying Ang (2013-2015)
Dissertation Committee: Melike Eger (2013-2015)
Dissertation Committee: Ian Sherwood (2013-2015)
Dissertation Committee: Melissa McInnis (2012-2014)
Dissertation Committee: Allyson Phillips (2012-2013)
Dissertation Committee: Megan Crisler (2011-2013)
Dissertation Committee: Jillian Pierucci (2011-2012)
Dissertation Committee: Marie Moore (2010-2012)

PROFESSIONAL SERVICE

American Psychological Association (APA), Division 37, Program Chair, 2013
Association for Behavioral and Cognitive Therapies (ABCT), Conference Committee, 2012-2014
Association for Behavioral and Cognitive Therapies (ABCT), Ambassador, 2018-present
AD/HD Conference Planning Committee, University of Alabama, 2011-2017
ADHD Special Interest Group, Chair, ABCT, 2013-2014
ADHD Special Interest Group, Chair-Elect, ABCT, 2012-2013
ADHD Special Interest Group Poster Reviewer, ABCT, 2010-2012
ADHD Special Interest Group Pre-Conference Planning Committee, ABCT, 2012-2014
Lives in the Balance, Scientific Research Board, 2011-present
APA, Division 12, Section III: Society for a Science of Clinical Psychology, Public Education and Media Committee, 2016-present

AD-HOC REVIEWER

Anxiety, Stress & Coping
Behavior Therapy

Child Psychiatry and Human Development
Clinical Psychology Review
Depression and Anxiety
Development and Psychopathology
European Child & Adolescent Psychiatry
Journal of Abnormal Psychology
Journal of Anxiety Disorders
Journal of Attention Disorders
Journal of Autism and Developmental Disorders
Journal of Child and Family Studies
Journal of Personality Disorders
Journal of Psychopathology and Behavioral Assessment
Progress in Neuro-Psychopharmacology & Biological Psychiatry

EDITORIAL BOARD APPOINTMENTS

Clinical Child and Family Psychology Review (2013-present)
Journal of Abnormal Child Psychology (2012-present)
Journal of Clinical Child and Adolescent Psychology (2012-present)
Journal of Psychopathology and Behavioral Assessment (2011-2017)

PROFESSIONAL ORGANIZATIONS

Association for Psychological Science
APA Division 12, Section III - Society for a Science of Clinical Psychology
APA Division 53 - Society of Clinical Child and Adolescent Psychology
Association for Behavioral and Cognitive Therapies (ABCT)
ABCT - ADHD Special Interest Group
ABCT - Child and Adolescent Anxiety Special Interest Group
International Society for Research on Child and Adolescent Psychopathology

REFERENCES

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