We are enrolling autistic teens and adults aged 12-25 to receive one of two therapies developed to help people manage their emotions and involve 16 weekly therapy sessions. Sessions can be in-person or telehealth providers from partnering community health clinics.

Contact Anna-Lisa Pflaum: emotiontherapy@ua.edu | (205) 348-2472

IRB protocol #22-07-5746

EASE UP

The Emotion Awareness and Skills Enhancement (EASE) Program & Unified Protocol (UP)

We are enrolling autistic teens and adults aged 12-25 to receive one of two therapies developed to help people manage their emotions and involve 16 weekly therapy sessions. Sessions can be in-person or telehealth providers from partnering community health clinics.

Contact Anna-Lisa Pflaum: emotiontherapy@ua.edu | (205) 348-2472

IRB protocol #22-07-5746

THANK YOU TO OUR PARTNERING AGENCIES:
- Arts 'n Autism
- Bridgeway Services
- Triumph Services
- The Faulkner Center
- The Riley Center
- North Georgia Autism Foundation (NGAF)

JOIN OUR REGISTRY FOR DETAILS ON FUTURE EVENTS AND RESEARCH OPPORTUNITIES!

Stepped Transition to Employment & Postsecondary Education Success (STEPS)

Autistic individuals aged 16-25 and a parent or informant are needed for an 18-week study testing the impact of a new program called STEPS, which is designed to support transition to growing independence among autistic adolescents and young adults.

Contact Amaya McClain: abmcclain@ua.edu | (205) 348-4201

IRB protocol #22-07-5746

https://cydi.ua.edu | (205) 348-3535 | cydi@ua.edu
200 Hackberry Lane, McMillan Building, Tuscaloosa, AL 35487

Centers for Youth Development and Intervention (CYDI)

SPRING 2024 NEWSLETTER

CYDI IS NOW RECRUITING FOR VARIOUS PROJECTS!
NOW RECRUITING!

FAST

Helping Children Recognize Feelings and Emotions
Do you have concerns about your child's behavior and emotions?
- Children ages 6-11 years old
- 10 sessions; parents earn up to $600
- Computerized activities

HEARTS

Healthy Relationships on the Autism Spectrum (HEARTS)
Intervention for 18+ autistic adults looking for information about how to have healthy and rewarding friendships, dating relationships and marriages.
Contact Dr. Emily Rothman: erothman@bu.edu

Facial Emotional Awareness in Children
We are studying how children understand emotion through facial expressions.
- Children ages 6-11 years old
- 2 hour in-person session; earn $85
- Computer tasks and questionnaires

I-CAN

Optimizing CBT Implementation Among Community Providers Through Internet-Based Consultation and Networking (i-CAN)
- Eligibility: Providers who practice in any setting and treat anxious youth in the state of Alabama
- Providers are paid for all assessments (up to $140)
- Study is completely online (no travel needed)
For more information visit: https://cydi.ua.edu/i-can.html

Read more at cydi.ua.edu

IRB protocol #6800-E
IRB protocol #22-06-5680