UPCOMING TALKS

JOIN US
FEB 22ND
@ 12:30PM VIA ZOOM

TIPS FOR CONDUCTING EXPOSURE THERAPY

LED BY UA PSYCHOLOGY GRADUATE STUDENT NICOLE FRIEDMAN

- LEARN WHY EXPOSURE THERAPY WORKS
- TIPS FOR CREATING AN EXPOSURE HIERARCHY
- HINTS FOR IMPLEMENTING EXPOSURE WITH CLIENTS
- HELPFUL RESOURCES!

SCAN THE QR CODE TO REGISTER!

PARENT SURVIVAL TIPS FOR MANAGING CHALLENGING CHILDHOOD BEHAVIOR

MARCH 5 @ 12:30 PM

Join UA psychology graduate student Victoria Ward for a Zoom talk on behavior management strategies for children with challenging behavior!
Scan the QR code to register!

JOIN OUR REGISTRY

Join our registry for details on future events and research opportunities!
NOW RECRUITING!

F.A.S.T.

Join our study helping children recognize feelings and expressions.

Parents: Do you have concerns about your child's behavior and emotions?

This is a study of a NEW training intervention called FAST!

FAST teaches children using:

- Computerized activities
- 10 sessions at our clinic

Does Your Child Qualify?

- Complete a short online survey:
  
  https://tinyurl.com/UAFASTstudy

Families receive up to $600 for participation

What's Involved:

- 10 FAST sessions over 5 weeks for children
- 3 assessment sessions for children & parents
- For children ages 6-11
- Children earn prizes and cash while they learn.

CONTACT US: cydi@ua.edu

DAILY LIFE

Research Study: Personality and Daily Life Experiences

What:

Researchers at The University of Alabama are interested in individuals’ emotional responses to everyday life events.

- Study duration is 2 weeks
- Participants will complete:
  - Introductory set of personality questionnaires
  - Online session with member of research team
  - Momentary surveys sent to smartphone, 5 times per day
  - Computer tasks during in-person lab session
- Participants can earn up to $200
- Eligible to participate if aged 18 – 55

For questions:

Contact Dr. Katie Garrison, Department of Psychology
dailylifestudy.ua@gmail.com

To participate:

Follow QR code to complete our brief eligibility survey, or go to this link:
https://forms.ele/PdNvHitR5x0Fiv8

I-CAN

ENROLLING NOW!

SERVICE PROVIDERS ACROSS ALL SETTINGS (SCHOOL, AGENCY, PRIVATE CLINIC) WHO WORK WITH ANXIOUS YOUTH

i-CAN

INTERNET-BASED CONSULTATION AND NETWORKING

ARE YOU A MENTAL HEALTH PROVIDER IN ALABAMA?

ARE YOU INTERESTED IN OPPORTUNITY FOR 1:1 CONSULTATION SERVICES WITH AN EXPERT?

Join us today!

Visit our i-CAN website or contact us to get more information:

https://cydi.ua.edu/

CYDI@ua.edu

205-348-3430

STUDY PARTICIPATION OFFERS ACCESS TO i-CAN, A FREE ONLINE RESOURCE THAT WILL:

- Offer synchronous 1:1 consultation with an expert
- Facilitate peer-peer troubleshooting & networking
- Provide access to current resources & research

Providers will be asked to complete five online timepoint assessments during the study (no travel required)

$ Compensation up to $140
COMMUNITY PARTNERSHIP OPPORTUNITIES

E LE VÉ
An academy for young people to rise upward in their exploration of the performing arts.

Free dance classes at The University of Alabama Saturdays from 9-11 am Ages 6-8

Students will enjoy breakfast, dance classes, and arts & crafts activities. Each student will be provided with a uniform t-shirt, dance bag, notebook, and water bottle. Lessons will take place on Feb 10, 17, and 24, March 2, 23, 30, and April 6, 13, and 20.

Email questions to the director Ms. Aidan Nettles asnettles@ua.edu

Scan me to register

2023 COMMUNITY PARTNER AWARDS
Laura Reeves, Executive Practice Manager of River Oaks Health
First Presbyterian Preschool

BE A COMMUNITY PARTNER
Would your community agency or school like to partner to help inform science and hear the latest findings? Sign up here!
PLAY WORKSHOPS FOR PRESCHOOL & ELEMENTARY

Would your school like to have a free 15-30 minute workshop for teachers on how to best use play in the classroom to encourage learning and development? If so, please register as a community partner and indicate that you’d like a play workshop.

SHARING THE FINDINGS

SELECTED RESEARCH ARTICLES FROM CYDI


