CYDI IS NOW RECRUITING FOR VARIOUS PROJECTS!

**EASE+UP**

The Emotion Awareness and Skills Enhancement (EASE) Program & Unified Protocol (UP)

We are enrolling autistic teens and adults aged 12-25 to receive one of two therapies developed to help people manage their emotions. This study involves 16 weekly therapy sessions with providers from partnering community health clinics. Sessions can be in-person or telehealth.

Contact for more information: emotiontherapy@ua.edu

**STEPS**

Stepped Transition to Employment & Postsecondary Education Success (STEPS)

Autistic individuals aged 16-25 and a parent or informant are needed for an 18-week study testing the impact of a new program called STEPS, which is designed to support transition to growing independence among autistic adolescents and young adults.

Contact for more information: steps@ua.edu

Scan QR code for details on future events and research opportunities!

**THANK YOU TO OUR PARTNERING AGENCIES**

- Arts ‘n Autism
- Bridgeway Services
- Triumph Services
- The Faulkner Center
- The Riley Center
- North Georgia Autism Foundation (NGAF)

**CONTACT US:**

https://cydi.ua.edu  
(205) 348-6551  
cydi@ua.edu  
200 Hackberry Lane, McMillan Building  
Tuscaloosa, AL 35487
**FAST**

**FACIAL AFFECT SENSITIVITY TRAINING**
Do you have concerns about your child’s behavior and emotions? This is a study of NEW training intervention.
- For children ages 6-11 years old
- 10 FAST sessions over 5 weeks for children
- 3 assessment sessions for children and parents
- Children earn prizes as they learn
- Families receive up to $600 for participation!

Contact Olivia Gifford: ongifford@crimson.ua.edu

**TREAT**

**THERAPISTS REASSESSING EVIDENCE-BASED APPROACHES TO TREATMENT**
TREAT is a one-time survey for clinicians who work with autistic children. We are looking to understand thoughts, opinions, and uses of a variety of autism related interventions. We are looking for licensed mental health care providers in Georgia, Alabama and Mississippi who primarily work with school-aged autistic children.

Contact Josh Golt: jdgolt@crimson.ua.edu

**DAILY LIFE EXPERIENCES**

**PERSONALITY AND DAILY LIFE EXPERIENCES**
The purpose of this study is to examine emotional responses to daily life events. Participants will complete brief surveys on their smartphones several times per day over two weeks, and one in-person lab session on UA campus.
- Participants must be aged 18-55 and own a smartphone.
- Participants can earn up to $200 for participation.

Contact for more information: dailylifestudy.ua@gmail.com

**BUILDING THE BRIDGE**

BTB is CYDI’s initiative to identify barriers to access for children and families in need and resources that are available, as well as determine ways to work together with key community stakeholders to strengthen the youth mental health care infrastructure in Central Alabama.

To learn more, visit our website at: https://cydi.ua.edu/building-the-bridge.html