



Center for Youth Development and Intervention

FALL 2023

Say Hi to New Members of the CYDI!



Alexandra

Clinical psychology child track doctoral student working with Dr. White



Allison

UA instructor & program manager for the PCORI EASE and UP study



Amaya

Project coordinator for the STEPS study & independent evaluator for the HEARTS study



Anna-Lisa

Project coordinator for the PCORI EASE and UP study



Avery

Developmental psychology doctoral student working in the WITY lab



Sharla

Developmental psychologist studying body-based harassment and discrimination



Zachary

Developmental psychology doctoral student working with Dr. Braun



WELCOME!

Mark your calendar for...

PARENTS NIGHT OUT

September 29, 2023
FREE event for kids 6-11
RSVP to cydi@ua.edu
***RSVP required



25
SPOTS!

MINI WORKSHOP

November 8, 2023 | 12-1 PM
Hosted by Nicole Friedman
Fourth year doctoral student
under Dr. Susan White

more info
to come!

Center for Youth Development and Intervention NOW RECRUITING!

F.A.S.T.



Parents:
Do you have concerns
about your child's
behavior and emotions?

This is a study of a **NEW**
training intervention called
FAST!

FAST teaches children using:

Computerized
activities

10 sessions
at our clinic

Does Your Child Qualify?

✓ Complete a short
online survey:



<https://tinyurl.com/UAFastStudy>

What's Involved:

- ✓ 10 FAST sessions over 5 weeks for children.
- ✓ 3 assessment sessions for children & parents.
- ✓ For children ages 6-11.
- ✓ Children earn prizes and cash while they learn.

CONTACT US: cydi@ua.edu

Join our study
helping children
recognize feelings
and expressions

Families receive
up to
\$600
for participation

S.T.E.P.S.

Autistic individuals ages 16-25 and a parent/informant are needed for an 18 week study testing the impact of a new program designed to **support transition to growing independence** among autistic adolescents and young adults

CONTACT: abmcclain@ua.edu

IRB protocol #22-07-5746

H.E.A.R.T.S.

Intervention for 18+ autistic adults looking for information about how to have **healthy and rewarding friendships, dating relationships, and marriages.**

CONTACT: erothman@bu.edu

IRB protocol #6800-E

i-CAN



Optimizing CBT Implementation Among
Community Providers Through Internet-Based
Consultation and Networking (i-CAN)

- **Eligibility:** Providers who practice in any setting and treat anxious youth in the state of Alabama
- Providers are paid for all assessments (up to \$140) and study is completely online (no travel needed)

IRB protocol #22-06-5680

For more information,
visit <https://cydi.ua.edu/i-can.html>