

**Jenny M. Cundiff, Ph.D.**

**CONTACT INFORMATION**

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**EDUCATION & EMPLOYMENT**

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- 2018 – current **Assistant Professor**, Department of Psychology  
University of Alabama
- 2016 – 2018 **Assistant Professor**, Department of Psychological Sciences  
Texas Tech University
- 2014 - 2016 **Postdoctoral Scholar**,  
Ruth L. Kirschstein National Research Service Award (NRSA) Research Training Grant (T32 #HL07560)  
In Cardiovascular Behavioral Medicine  
Department of Psychiatry, University of Pittsburgh Medical Center  
Mentors: Karen A. Matthews, Ph.D. & Thomas W. Kamarck, Ph.D.
- 2008-2014 **Ph.D.**, University of Utah  
Emphasis: Clinical Health Psychology  
Clinical Internship: VA Pittsburgh Healthcare System  
Thesis Chair & Primary Advisor: Timothy W. Smith, Ph.D.
- 2002-2006 **B.S.**, Vanderbilt University  
Major: Psychology  
Minor: Philosophy

**PUBLICATIONS**

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**PEER-REVIEWED JOURNAL ARTICLES**

- Boylan, J.A., **Cundiff, J.M.**, Jakubowski, K.P., Pardini, D.A., & Matthews, K.A. (2018, epub ahead of print). Pathways linking childhood SES and adult health behaviors and psychological resources in Black and White men. *Annals of Behavioral Medicine*.
- Jakubowski, K.P., **Cundiff, J.M.**, & Matthews, K.A. (2018). Cumulative childhood adversity and adult cardiometabolic disease: A meta-analysis. *Health Psychology, 37*(8), 701-715.
- Boylan, J.M., **Cundiff, J.M.**, & Matthews, K.A. (2018). Socioeconomic status and cardiovascular response to standardized stressors: A systematic review and meta-analysis. *Psychosomatic Medicine, 80*(3), 278-293.
- Cundiff, J.M.** & Matthews, K.A. (2018). Friends with health benefits: The long-term benefits of early peer social integration for blood pressure and obesity in midlife. *Psychological Science, 29*(5), 814-823.
- Jakubowski, K.P., Boylan, J.A., **Cundiff, J.M.**, & Matthews, K.A. (2017). Poor sleep moderates the relationship between daytime napping and inflammation in Black and White men. *Sleep Health, 3*(5), 328-335.
- Cundiff, J.M.** & Matthews, K.A. (2017). Is subjective social status a unique correlate of physical health?: A meta-analysis. *Health Psychology, 36*(12), 1109-1125. doi: 10.1037/hea0000534.
- Matthews, K.A., Boylan, J.M., Jakubowski, K.P., **Cundiff, J.M.**, Lee, L., & Pardini, D.P. (2017). Socioeconomic status and parenting during adolescence in relation to ideal cardiovascular health in men. *Health Psychology, 36*(7), 673-681.
- Cundiff, J. M.** & Smith, T.W. (2017). Social status, everyday interpersonal processes, and coronary heart disease: A social psychophysiological view. *Social and Personality Psychology Compass, 11*(4).

- Cundiff, J.M.**, Boylan, J.M., Pardini, D.A., Matthews, K.A. (2017). Moving up matters: Socioeconomic mobility prospectively predicts better physical health. *Health Psychology, 36*(6), 609-617. doi:10.1037/hea0000473.
- Cundiff, J.M.**, Kamarck, T.W., & Manuck, S.B. (2016). Daily interpersonal experience partially explains the association between social rank and physical health. *Annals of Behavioral Medicine, 50*(6), 854-861. doi:10.1007/s12160-016-9811-y.
- Bajaj, A., John-Henderson, N.A., **Cundiff, J.M.**, Marsland, A.L., Manuck, S.B. Kamarck, T.W. (2016). Daily Social Interactions, Close Relationships, and Systemic Inflammation using two samples: Healthy Middle-Aged and Older Adults. *Brain Behavior & Immunity, 58*, 152-164. doi: 10.1016/j.bbi.2016.06.004
- Cundiff, J.M.**, Smith, T.W., Baron, C.E., & Uchino, B.N. (2016). Hierarchy and health: Physiological effects of interpersonal experiences associated with socioeconomic status. *Health Psychology, 35*(4), 356-365.
- Cundiff, J.M.**, Birmingham, W.C., Uchino, B.N., & Smith, T.W. (2016). Marital quality buffers the association between socioeconomic status and ambulatory blood pressure. *Annals of Behavioral Medicine, 50*(2), 330-335. doi: 10.1007/s12160-015-9742-z.
- Mackaronis, J.E., Strassberg, D.S., **Cundiff, J.M.**, & Cann, D. (2015). Beholder and beheld: A multilevel model of perceived sexual appeal. *Archives of Sexual Behavior, 44*(8), 2237-2248. doi: 10.1007/s10508-015-0517-1.
- Cundiff, J.M.**, Smith, T.W., Butner, J., Critchfield, K.L., & Nealey-Moore, J. (2015). Affiliation and Control in Marital Interaction: Interpersonal complementarity is present but is not associated with affect or relationship quality. *Personality and Social Psychology Bulletin, 41*, 35-51.
- Cundiff, J.M.**, Uchino, B.N., Smith, T.W., & Birmingham, W. (2015). Socioeconomic status and health: Education and income are independent and joint predictors of ambulatory blood pressure. *Journal of Behavioral Medicine, 38*, 9-16. doi: 10.1007/s10865-013-9515-8.
- Kaufman, E.A., **Cundiff, J.M.**, & Crowell, S. E. (2014). The development, factor structure, and initial validation of the self-concept and identity measure (SCIM): A self-report assessment of identity disturbance. *Journal of Psychopathology and Behavioral Assessment*. doi: 10.1007/s10862-014-9441-2.
- Smith, T.W., Ruiz, J. M., **Cundiff, J. M.**, Baron, K.G, & Nealey-Moore, J. B. (2013). Optimism and pessimism in social context: An interpersonal perspective on resilience and risk. *Journal of Research in Personality, 47*, 553-562.
- Cundiff, J.M.**, Smith, T.W., Uchino, B.N., & Berg, C.A. (2013). Subjective social status: Construct validity and associations with psychosocial vulnerability and self-rated health. *International Journal of Behavioral Medicine, 20*, 148-158. doi: 10.1007/s12529-011-9206-1.
- Cundiff, J.M.**, Smith, T.W., & Frandsen, C. (2012). Incremental validity of spouse ratings versus self-reports of personality as predictors of marital quality and behavior during marital conflict. *Psychological Assessment, 24*, 676 - 684. doi: 10.1037/a0026637.
- Cundiff, J.M.**, Smith, T.W., Uchino, B.N., & Berg, C.A. (2011). An interpersonal analysis of subjective social status and psychosocial risk. *Journal of Social and Clinical Psychology, 30* (1), 47 - 74.

#### PEER-REVIEWED BOOK CHAPTERS

- Smith, T.W., **Cundiff, J.M.**, & Baucom, B.R. (in press). On the Aggregation of Psychosocial Risk for Cardiovascular Disease: Evidence, Models, and Methods. In Waldstein, S.R., Kop, W. J., & Katzel, L.I. (Eds.), *Handbook of Cardiovascular Behavioral Medicine*. New York: Springer.

Smith, T.W., **Cundiff, J.M.**, & Uchino, B.N. (2012). Interpersonal Motives and Cardiovascular Reactivity: Mechanisms Linking Dominance and Social Status with Coronary Heart Disease. In Wright, R.A. & Gendolla, G.H.E. (Eds.), *Motivational Perspectives on Cardiovascular Response*. Washington, D.C.: American Psychological Association.

Smith, T.W. & **Cundiff, J.M.** (2011). Risk for Coronary Heart Disease: An Interpersonal Perspective. In Horowitz, L.M. & Strack, S. (Eds). *Handbook of Interpersonal Psychology: Theory, Research, Assessment, & Therapeutic Interventions*. John Wiley & Sons, Inc. doi: 10.1002/9781118001868.ch27

#### UNDER REVISION OR REVIEW

**Cundiff, J.M.**, Jennings, J.R., Matthews, K.A. (*provisionally accepted*). Social stratification and risk for cardiovascular disease: Examination of emotional suppression as a pathway to risk. *Personality and Social Psychology Bulletin*.

#### INVITED TALKS

2017 *Why our relationships are close to our hearts: Interpersonal behavior and cardiovascular risk*, Purdue University

#### PRESENTATIONS

##### ORAL PRESENTATIONS

Huizar, Y.P., **Cundiff, J.M.**, Cribbet M.R. (2017). A Risky Family Environment, but not a Gabaergic Receptor Single Nucleotide Polymorphism, is Associated with Metabolic Dysregulation. Oral presentation at the 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.

**Cundiff, J.M.**, Smith, T.W., & Mackaronis, J.E. (2017). Interpersonal interactions that characterize risky early environments. Oral presentation at the Annual Scientific Meeting of the Society for Interpersonal Theory and Research, Pittsburgh, PA.

Smith, T.W., **Cundiff, J.M.**, Grove, J.L., Baron, C.E., Jordan, K.D., Birmingham, W.C., Berg, C.A. & Uchino, B.N. (2017). Two ways to the top: Dominance and prestige as cardiovascular risk factors related to social status. Oral presentation at the Annual Scientific Meeting of the Society for Interpersonal Theory and Research, Pittsburgh, PA.

**Cundiff, J.M.**, Boylan, J.M. & Matthews, K.A. (2017). Socioeconomic Status and Acute Cardiovascular Responses to Stress in the Laboratory: A Systematic Review and Meta-analysis. In M. Chan and **J. Cundiff** (Co-chairs) *Current Directions in SES Disparities Research: Socio-emotional and physiological mechanisms*. Symposium conducted at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Seville, Spain.

**Cundiff, J.M.** & Matthews, K.A. (2016). Greater social integration during childhood and adolescence prospectively predicts blood pressure at age 33. In **J. Cundiff** (Chair) *Early life social environment and cardiovascular risk factors for disease in adulthood: Prospective and longitudinal findings*. Oral presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

Boylan, J.M., Jakubowski, K.P., **Cundiff, J.M.**, Pardini, D.A. & Matthews, K.A. (2016). Positive parenting in adolescence mediates the association between childhood SES and adult health behaviors and psychological resources: Results from a prospective, longitudinal study. In **J. Cundiff** (Chair) *Early life social environment and cardiovascular risk factors for disease in adulthood: Prospective and longitudinal findings*. Oral presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

**Cundiff, J.M.**, Kamarck, T.W., Muldoon, M.F., & Manuck, S.B. (2016). Greater daily experiences of respect and appreciation from others is associated with less intima-media thickness. In *The Psychobiology of the Heart*. Oral presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.

**Cundiff, J.M.**, Kamarck, T.W., & Manuck, S.B. (2015). Social rank, and not objective resources, is associated with more positive daily social interactions. In *Mood and Health*. Oral presentation presented at the Annual Scientific Meeting of the Society for Ambulatory Assessment, State College, PA.

- Cundiff, J.M.**, Boylan, J.M., Pardini, D.A., Matthews, K.A. (2015). Social mobility in early life and adult health in Black and White men. In K. Matthews (Chair) *Early life experiences, physiological pathways, and adult health*. Oral presentation at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
- Smith, T.W., **Cundiff, J.M.**, Grove, J.L., Baron, C.E., Jordan, K.D., Birmingham, W.C., Berg, C.A. & Uchino, B.N. (2015). Two ways to the top: Dominance and prestige as cardiovascular risk factors related to social status. Oral presentation at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
- Cundiff, J.M.**, Birmingham, W.C., Uchino, B.N., & Smith, T.W. (2014). Social status moderates the relationship between marital interaction quality and ambulatory blood pressure. In B. Baucom (Chair) *Marrying the Laboratory and Daily Life: Ambulatory Physiological Responses to Relationship Conflict as It Occurs in Everyday Life*. Oral presentation at the Annual Scientific Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Cundiff, J.M.** & Smith, T. W. (2013). *Hierarchy and health: Effects of relative status, partner dominance, and evaluative threat on psychophysiological response during social interaction*. Oral presentation at the Annual Scientific Meeting of the Society for Interpersonal Theory and Research.
- Cundiff, J.M.** & Smith, T. W. (2012). *The interpersonal impact of negative emotions: Anger and anxiety in couples*. Oral presentation at the Annual Scientific Meeting of the Society for Interpersonal Theory and Research.
- Cundiff, J.M.**, Smith, T.W. (2010) *Complementarity in Marriage: Behavior, Affect, & Relationship Quality*. Oral presentation at the Annual Scientific Meeting of the Society for Interpersonal Theory and Research.

#### POSTER PRESENTATIONS

- Wendel, C., **Cundiff, J.M.**, Smith, T.W. (2018). *Risky Early Family Environment and Psychosocial Adjustment in Adulthood: Does socioeconomic status matter?* Poster presented at the 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.
- Cribbet, M.R., Taber, J., **Cundiff, J.M.** (2018). *Short sleep duration and behavioral risk factors for premature morbidity and mortality*. Poster presented at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Cundiff, J.M.**, Matthews, K.A., & Jennings, J.R. (2018). *Social stratification and risk for cardiovascular disease: Examination of emotional suppression as a pathway to risk*. Poster presented at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Jakubowski, K. P., **Cundiff, J. M.**, & Matthews, K. A. (March 2017). *Associations between cumulative adverse childhood experiences and cardiovascular disease and mortality: A systematic review and meta-analysis*. Poster presented at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
- Jakubowski, K. P., Boylan, J. M., **Cundiff, J. M.**, & Matthews, K. A. (2016). *Short nocturnal sleep duration and fatigue moderate the relationship between daytime napping and inflammation in black and white men*. Poster presented at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.
- Jakubowski, K. P., Boylan, J. M., **Cundiff, J. M.**, & Matthews, K. A. (November 2015). *Short nocturnal sleep duration and fatigue moderate the relationship between daytime napping and inflammation in black and white men*. Poster presented at the 1<sup>st</sup> Annual University of Pittsburgh Sleep Medicine Institute Research Day, Pittsburgh, PA.
- Cundiff, J.M.** & Matthews, K.A. (2015). *Emotional suppression mediates the relationship between low social status and low social support*. Poster presented at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
- Cundiff, J.M.** & Smith, T.W. (2014). *Hierarchy and health: Effects of relative status, partner dominance, and evaluative threat on psychophysiological response during social interaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology.

**Cundiff, J.M.**, Uchino, B.N., Smith, T.W., Cawthon, R., Light, K.C. (2013). *Socioeconomic status and health: Income and education are joint predictors of telomere length in middle-aged and older women but not men*. Poster presented at the annual meeting of the American Psychosomatic Society.

**Cundiff, J.M.**, Smith, T.W., Uchino, B.N., & Berg, C.A. (2011) *Relative Status, Partner Dominance, Depression, and Self-Rated Health*. Poster presented at the annual meeting of the American Psychosomatic Society.

**Cundiff, J.M.**, Smith, T.W., Uchino, B.N., & Berg, C.A. (2010) *Subjective Social Status, Psychosocial Risk, and Self-Rated Health*. Poster presented at the annual meeting of the American Psychosomatic Society.

**Cundiff, J.M.**, Smith, T.W., Uchino, B.N., & Berg, C.A. (2009) *Subjective Social Status and Psychosocial Vulnerability in Middle-Aged and Older Couples*. Poster presented at the annual meeting of the American Psychosomatic Society.

#### FUNDED GRANTS & APPLICATIONS

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- 2014 – 2016 *NIH Postdoctoral Training Grant*, Funded  
National Institutes of Health, Ruth L. Kirschstein National Research Service Award (T32)
- 2013 *Physiological effects of interpersonal experiences associated with socioeconomic status*  
Dissertation Research Award, American Psychological Association, \$1000
- 2011 *Physiological effects of interpersonal experiences associated with socioeconomic status, cortisol add-on*  
Student Research Award, American Psychological Association, Division 38, \$1500
- 2011 *Physiological effects of interpersonal experiences associated with socioeconomic status, video add-on*  
Herbert Gustafson Graduate Scholarship, University of Utah, \$6000
- 2011 *The psychophysiology of status and dominance*.  
Clayton Award for Excellence in Research, University of Utah, \$4000

#### NOT FUNDED GRANTS & APPLICATIONS

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- 2016 *Early Romantic Relationships and Risk for Cardiovascular Disease*, Not Funded  
Seed Grant for Interdisciplinary Research, Texas Tech University, \$84,700, Role: PI

#### HONORS & AWARDS

##### RESEARCH AWARDS

- 2016 *Young Scholar Award*  
American Psychosomatic Society
- 2014 *Young Investigator Scholar*  
American Psychosomatic Society
- 2013 *Jerry S. Wiggins Student Award for Outstanding Interpersonal Research*  
Society for Interpersonal Theory & Research
- 2013 *B. Jack White Memorial Award*, for excellence in research, teaching, and service  
University of Utah

##### OTHER AWARDS

- 2017 *Fellow*, Institute for Inclusive Excellence, Texas Tech University
- 2013 *Nancy Patterson Klekas Award*, for commitment to serving others, University of Utah
- 2013 *All-Around Commendation*, Department of Psychology, University of Utah
- 2013 *Honor Roll Scholarship*, for all-around graduate excellence, University of Utah
- 2011 *All-Around Commendation*, Department of Psychology, University of Utah
- 2011 *Kevin Hawley Memorial Award* for most esteemed graduate student, University of Utah
- 2010 *University Teaching Assistantship* to develop a novel undergraduate class
- 2009 *Letter of Recognition for Teaching Excellence*, Department of Psychology, University of Utah

#### TEACHING EXPERIENCE

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GRADUATE TEACHING

Spring 2018 *Instructor*, Introduction to Clinical Psychology, Texas Tech University  
 Fall 2016, 2017 *Instructor*, Cognitive Behavioral Therapy, Texas Tech University  
 Fall 2016 *Instructor/Supervisor*, Advanced Practicum in Clinical Psychology, Texas Tech University  
 Spring 2016 *Recitation Instructor*, Behavioral Medicine, University of Pittsburgh Medical School  
 Spring 2013 *Graduate Teaching Assistant*, Multilevel Modeling, University of Utah  
 Fall & Spring 2013 *Graduate Teaching Assistant*, Clinical Assessment III & IV, University of Utah

UNDERGRADUATE TEACHING

Fall 2018 *Instructor*, Introduction to Statistics, University of Alabama  
 Spring 2017 *Instructor*, Health Psychology, Texas Tech University  
 Summer 2013 *Instructor*, Statistics, University of Utah (Online)  
 Summer 2012 *Instructor*, Health Psychology, University of Utah (Online)  
 Spring 2012 *Instructor*, Social Psychology, University of Utah  
 Fall 2011 *Instructor*, Relationships & Health: An Interpersonal Approach to Health Disparities, University of Utah (self-developed, novel undergraduate offering)  
 Summer 2011 *Instructor*, Health Psychology, University of Utah (Online)  
 Spring 2011 *Graduate Teaching Assistant*, Intergroup Relations, University of Utah  
 Fall 2010 *Graduate Teaching Assistant*, Social Epidemiology, University of Utah  
 Summer 2010 *Online Course Developer*, Psychology as a Science & a Profession, University of Utah  
 Spring 2010 *Instructor*, Psychology as a Science & a Profession, University of Utah  
 Summer & Fall 2009 *Instructor*, Survey of Clinical Psychology, University of Utah  
 Spring 2009 *Graduate Teaching Assistant*, Health Psychology, University of Utah  
 Fall 2008 *Graduate Teaching Assistant*, Abnormal Child Psychology, University of Utah  
 Spring 2007 *Graduate Teaching Assistant*, Abnormal Psychology, University of Louisville

SERVICE

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THESES AND DISSERTATIONS CHAIRED OR CO-CHAIR

B.S., 2019 Erin Smith, *Individual differences in social anxiety as a moderator of psychophysiological stress*  
 M.S., 2017 Gabriella Grimaldo, *Exploring the relation between internalized mental health stigma and smoking behavior*

AD HOC REVIEWING

*Social Science and Medicine; Brain, Behavior & Immunity; Health Psychology; Psychosomatic Medicine; Journal of Consulting and Clinical Psychology; Personality and Social Psychology Bulletin; Journal of Social and Clinical Psychology; Journal of Personality; Journal of Family Psychology; PLOS One; Assessment; Journal of Social and Personal Relationships; Women and Health; Journal of Affective Disorders; Scientific Reports; BMJ Open; Psychoneuroendocrinology; The Journal of Positive Psychology; Family Process; Behavioral Medicine; Social Science Research; Journal of Behavioral Medicine; Psychophysiology*

OTHER SERVICE

2018-2021 *Advisory Editor*, Family Process (IF: 3.1)  
 2017-2020 *Annual Meeting Program Committee*, American Psychosomatic Society  
 2017-2018 *Mentor*, Mentor Tech for underrepresented undergraduates, Texas Tech University

PROFESSIONAL AFFILIATIONS

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2016 – Present Council of Clinical Health Psychology Training Programs  
 2016 – Present Association for Psychological Science  
 2014 – 2016 Society for Ambulatory Assessment  
 2014 – 2016 Association for Behavioral and Cognitive Therapies  
 2013 - 2016 Society for Personality & Social Psychology  
 2008 – Present Society for Interpersonal Theory & Research

2008 – Present APA Division 38, Health Psychology

2008 – Present American Psychosomatic Society

## REFERENCES

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Timothy W. Smith, Ph.D.	<i>Doctoral Mentor</i>	<a href="mailto:tim.smith@psych.utah.edu">tim.smith@psych.utah.edu</a>
Karen A. Matthews, Ph.D.	<i>Postdoctoral Mentor</i>	<a href="mailto:matthewska@upmc.edu">matthewska@upmc.edu</a>
Thomas W. Kamarck, Ph.D.	<i>Postdoctoral Mentor</i>	<a href="mailto:tkam@pitt.edu">tkam@pitt.edu</a>
Bert N. Uchino, Ph.D.	<i>Senior Collaborator</i>	<a href="mailto:bert.uchino@psych.utah.edu">bert.uchino@psych.utah.edu</a>