Assessing REACH Engagement Domains

**Relationship**
- Questions for youth/caregiver:
  - "How well do you think we work together in therapy?"
- Counselor counts or estimates number of:
  - personal disclosures from youth/caregiver
  - questions from youth/caregiver
  - times that the youth spontaneously shares good news or interesting things (e.g., good grade, hobby/interest)

**Expectancy**
- Questions for youth/caregiver:
  - "How effective do you expect therapy to be?"
  - "How optimistic are you that in the end, therapy will help make things better?"
- Counselor counts or estimates number of:
  - positive client endorsements about therapy

**Attendance**
- Questions for youth/caregiver:
  - "How difficult is it for you to attend our therapy sessions?"
  - "What things might get in the way of you attending therapy?"
- Counselor counts or estimates number of:
  - sessions youth/caregiver has attended
  - cancellations/no-shows
  - days it takes for caregiver to returns phone calls
- Counselor asks about the things that get in the way of therapy

**Clarity**
- Questions for youth/caregiver:
  - "How well do you understand how to use this skill?"
  - "How well do you understand why this skill will be helpful?"
- Counselor asks the youth to explain the purpose of therapy, rationale for a therapeutic skill, or how to do a therapeutic skill

**Homework**
- Questions for youth/caregiver:
  - "How easy/difficult was it for you to practice this skill at home?"
- Counselor counts or estimates:
  - how much of homework the client completed (e.g., fully, partially, none)
  - number of days youth/caregiver completed homework
  - number of in-session rehearsals in which youth/caregiver participated